



### ***PAL Coaches Code of Conduct***

Full Name: \_\_\_\_\_ PAL Team: \_\_\_\_\_

1. The coach will not criticize players in front of spectators.
2. The coach will accept the decisions of officials.
3. The coach will not criticize the officials, the opposing team, the coaches, fans or parents, through language, gesture or any other means.
4. The coach will emphasize that good athletes are good students and citizens, and both physically and mentally alert.
5. The coach will strive to make every football activity to serve as a training ground for life, and as a basis for good mental and physical health.
6. The coach will emphasize that winning a game is the result of good teamwork.
7. The coach shall not use abusive or profane language before anyone connected with the game.
8. The coach will not argue with his assistant coaches in the presence of players.
9. The coach will display class and refrain from "running-up" the score against an opponent. This includes keeping in the first defense at all times.
10. The coach shall set an example in personal conduct at all times.
11. The coach shall not be under the influence of alcohol or dangerous drugs.
12. The coach will not smoke or use any form of tobacco while on the field of play or park grounds during games, scrimmages or practices.
13. The coach will treat each player, opposing coach, parent and administrator with respect and dignity.
14. The coach will learn the strengths and weakness of his/her players so she/he might play them into situation where they have a maximum opportunity to achieve success.
15. The coach will protect the health and safety of his/her players by insisting that all of the activities under his/her control be conducted for their psychological and physiological welfare, rather than interests of adults.

\_\_\_\_\_  
Coaches Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date